

## **Sarah Michel, CSP**

Sarah is a networking expert who helps people increase their netWORTH™. She works with individuals, associations and organizations to strengthen their connections and communicate their value to anyone, anywhere, anytime. Her powerful Perfecting Connecting® strategies promote personal and professional success.

Sarah works with organizations and associations to improve their internal network. By integrating her methods, people learn to develop successful relationships with customers, coworkers and colleagues. These improved connections result in a stronger internal and external network essential for career and organizational success.

As a cancer survivor, Sarah's network helped save her life. She shares her inspirational journey with insight and humor to motivate her audiences to connect not just for the moment, but for life.

As a certified Myers-Briggs Type Indicator (MBTI™) and facilitator of the Self-Discovery Process™ Sarah has keynoted and presented for audiences and teams around the world on how to be a more effective connector. She is the author of Perfecting Connecting®, *A Guide to Mastering Networking in the Workplace* and the national audio program, *Learning to Speak the Language of others*. Her articles and inspirational stories have appeared in numerous books, newspapers and national journals.

Sarah is a Certified Speaking Professional (CSP) awarded by the National Speakers Association for her ability to consistently deliver her message with high energy, humor and inspiration which motivates audiences to take action.

She currently serves on the board of directors for the National Speakers Association (NSA) and as the 2008-2009 Meetings and Convention chair. She is the Past President for the NSA-Colorado Chapter. Sarah is an active volunteer in her community serving on several non-profit boards in Colorado Springs.

She is a graduate of Central Michigan University and worked in healthcare for several major hospital systems and for international career management firms in Texas and Colorado. She is currently an adjunct faculty member of both the Eastern and Western Management Development Centers for the United States government in Colorado and West Virginia.